As a Personal Care Aide (PCA), here’s what I can do:

- Make an Occupied or Unoccupied Bed
- Pass Fresh Ice Water
- Pass Meal Trays/Open cartons & packets
- Check Resident Temps
- Perform One (1) Person Transfers
- Reposition the Resident in Bed/Float Heels
- Transfer the Resident to a Wheelchair using a Gait Belt
- Use a Gait Belt to Assist with Ambulation
- Oral Care/Denture Care (alert residents)
- Provide a Bed Bath/Perineal/Catheter Care
- Change an Incontinent Brief
- Assist the Resident with Getting Dressed
- Assist with Hearing Aids
- Assist the Resident to Bathroom or to use a Urinal
  (1 person assist)